

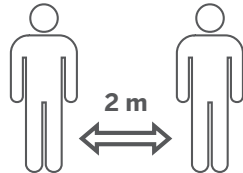


Prevent infection – stay healthy.

Important protective measures.

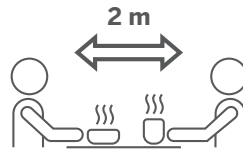
Keep your distance

- Stay 2 metres apart, also in accommodation
- When travelling to the workplace
- Avoid physical contact (e.g. do not shake hands, do not hug)
- Only work in set teams
- Avoid unnecessary contact to third parties



Keep your distance, also during breaks

- Stay 2 metres apart from others
- Do not share tableware (e.g. plates, glasses, cutlery)
- Clean kitchen equipment thoroughly with warm water and detergent or use a dishwasher



Wear a face covering

- Applies to almost all workplaces (shops and shopping centres, weekly markets, medical practices and similar establishments)
- For craftsmen and services, if it is not possible to maintain a distance of 1.5 metres
- When travelling in the same vehicle



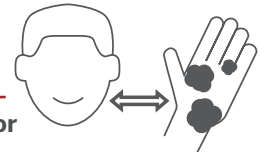
Wash hands regularly and thoroughly

- Lather your hands thoroughly with soap for at least 20 seconds and then rinse under running water



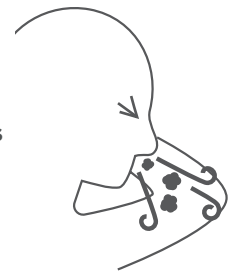
Do not touch your face with your hands

- Do not touch your mouth, nose or eyes with unwashed hands



Cough and sneeze correctly

- Cough or sneeze into the crook of your arm or use a paper tissue, immediately binning it afterwards
- Keep your distance from others when coughing or sneezing, it is best to turn your back
- Wash your hands afterwards



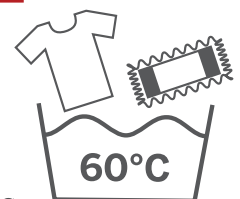
Report any illness

- Notify your superior if you feel unwell
- Do not return to work until you feel well again



Keep workplaces, accommodation and work clothing clean

- Clean your tools and workstation regularly
- Keep your workplace tidy and dispose of all waste immediately
- Wash your (work) clothes, cleaning cloths, towels and, where applicable, bed linen regularly at least 60° C
- Accommodations have to be cleaned daily



Air rooms at regular intervals

- In enclosed rooms, open the windows for several minutes several times a day

